# Soups, Salads + Mains Week Commencing 22<sup>nd</sup> April 2024

### Breakfast

#### Monday - Friday

Build your own cooked breakfast, breads and pastries.

Grab & go fruit and Burcher pots

## Soup + Salads

#### Monday – Friday

Daily freshly made soups served with crusty rolls

Build your own salad bar including naked options and proteins

### Monday Loaded + Fries

Choose French fries or roasted roots then choose from Parmo, Texan or Vegan Mexicana

# £5.95

Tuesday

#### Saint + George

Come and Join us for a special St George's Day Carvery

#### Grab + Go

Selection of freshly baked homemade pastries for both meat lovers and vegetarians, pizza slices, jacket potatoes and fillers

**Simply + Balanced** If you want a smaller under 500 calorie lunch Simply + Balanced meals are available Monday – Thursday

#### Monday – Friday

Daily freshly made desserts

£6.50 – Standardmasala a<br/>poppado<br/>yoghurt£8.00 – All Meatswasala a<br/>poppado<br/>yoghurt£12.00 – St George's Banquet£5.95

#### Wednesday

#### **Southern + Fried**

Southern fried buttermilk chicken or southern fried vegan fillets both served with rosemary fries, BBQ pit beans or dirty grilled corn on the cob & coleslaw

#### £5.95

#### Thursday Curry + Rice

Beef & Chickpea madras, chicken Rogan josh, vegetable tikka masala all served with pilau rice, poppadom or garlic naan, mint yoghurt & mango chutney

### Friday Chip + Shop

Traditional or masala hand battered haddock fillet Battered pork sausages Battered vegan sausages

All served with chunky chips, tartare sauce, curry sauce and a choice of garden peas or mushy peas

#### £5.95